

# Poydras Home Volunteer Opportunities

## Activity

## Description

Accompany PH on Field Trips

Meet bus and Poydras residents at destination, and help with wheel chairs, etc. Museums, Shopping

Assist with Clerical projects

e.g. Art Show, Stuffing Envelopes

Slide shows

Showing slides and giving a running dialogue of your travels. Residents Love this!

Provide lessons

e.g. Yoga, Music, Sewing

Game players and helpers

Card games, dominoes, bridge and scrabble

Demonstrate a hobby

e.g. Cooking

Gardening: Starting and maintaining herb garden in raised beds.

Assist residents in preparing and maintaining these beds.

Socialize at Tea Time

Help serve tea, then stay and chat with residents. They love hearing news of The "outside" world!

Host an Activity

e.g. Bingo game, Craft

Engage Speakers/Performers

Conduct or Engage Someone to Conduct an Educational Presentation

e.g. Navigating the Web