



*Positively
Poydras*

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[www. PoydrasHome.com](http://www.PoydrasHome.com)

May 2018 Issue

*Poydras Home
In the News...*

Read more about Poydras Home's recent groundbreaking on our bicentennial birthday gift to our residents of a pond, patio and garden in UptownMessenger.com [here](#).



Milestone Anniversary

Poydras Home resident Bert Westbrook celebrated a milestone 60th anniversary with his bride, Elfriede, with a special luncheon for close family and friends in May. Congratulations to the happy couple!



Photo Credit Paula Baldwin

Save the Date

*Poydras Home Held a
Bicentennial Birthday Gift
Groundbreaking and
Jazz Brunch on May 3rd*

On Thursday, May 3rd, Poydras Home held a groundbreaking ceremony for our Bicentennial Birthday Gift to our residents of a scenic park with a Koi pond, patio, gardens, walkway and gazebo. This beautiful addition will soon be the setting for interactive therapeutic activities and nature-based programs for our residents as well as an oasis of tranquility for families visiting their loved-ones here at Poydras Home.



Photo credit Paula Baldwin

We ceremoniously marked the beginning of Louisiana Landscape Specialty, Inc.'s construction, near the intersection of Magazine Street and Jefferson Ave. on our front lawn, of a 400

square foot, lighted pond including a rock waterfall feature with accent boulders, connected to our campus through winding walkways, dotted with new, lush gardens. This new feature will extend to include an adjacent 580 square foot patio with a shaded 20 foot by 20 foot gazebo as well as ample bench seating.

Many program possibilities for our residents will be afforded by this outdoor addition. The garden



Photo credit Paula Baldwin

for Poydras Home's Fall Gala & Art Exhibition Nov. 1st

Poydras Home will hold our annual Gala and Art Exhibition on the evening of Thursday, **November 1st** from 6 to 8 p.m. this fall where **Deacon John** will help us to dance the night away. Be sure to mark your calendar!


plantings are chosen to attract butterflies and bird life, adding multisensory stimulation to help those living with dementia and Alzheimer's interact with their environment and share a meaningful experience with others. Spending time in this soothing setting can reduce anxiety and promote better sleep quality as listening to water sounds has a calming effect without the use of pharmaceuticals. Research shows that exposure to nature significantly improves overall health in the form of decreased agitation, mood regulation and increased interaction.



Photo credit Paula Baldwin

The Poydras Home community has enjoyed a pond once before on our grounds, installed in the late 1990s. That pond was removed to accommodate the construction of our Oak House Assisted Living in 2013. Both then and now, the considerable generosity of our financial supporters including corporations and vendors, board members and the Poydras Home auxiliary, family members and residents alike, have made this great day possible. We are thrilled to mark the beginning of the process of bringing an expanded pond feature back to Poydras Home for the enjoyment of current and future generations!



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